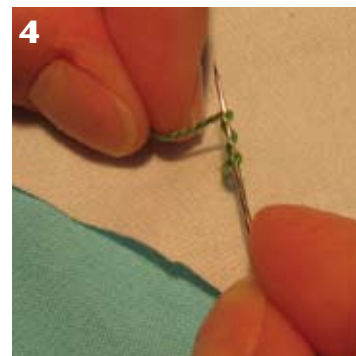
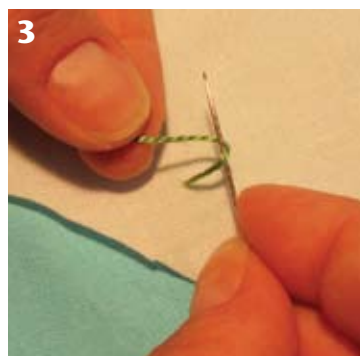
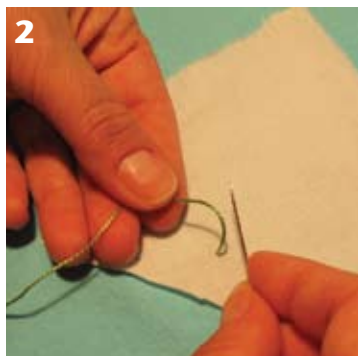




How to make a French knot

These directions were produced by **Susan Brubaker Knapp**. They are free, and may be copied and distributed. E-MAIL: susan@bluemoonriver.com

■ WEB SITE: www.bluemoonriver.com ■ BLOG: www.bluemoonriver.blogspot.com



Note: Directions are given for right-handers. Please see page two photos and directions if you are left handed.

- Thread the perle cotton or floss in your embroidery needle, and knot the end. Bring your needle up from the back of the fabric to the front, exactly where you want the knot to form (see **1**). Pull until the knot is snug against the back of the fabric.
- Put the fabric down on a flat surface, like your knee or a table.
- Take the thread coming out of the fabric in your left hand between your thumb and pointer finger. Have the needle in your right hand. (See **2**).
- Wrap thread over the needle and around it three times (see **3** and **4**). (To make a smaller knot, wrap only one or two times.) It should be wrapped tightly, and close to the tip of the needle.
- Slide the loops of thread close together, down toward the tip of the needle, holding them with the pointer finger on your right hand (see **5**). Push the tip of the needle back into the same place where the thread came out (or just a thread or two away).
- As it goes in, keep pinching it in place with the thumb and pointer finger of your left hand (see **6**). The loops must be kept tightly together, or you will not produce a neat, tight knot.
- Pull the thread completely through to the back of the fabric, and the knot will form on the front.
- Practice, practice, practice!

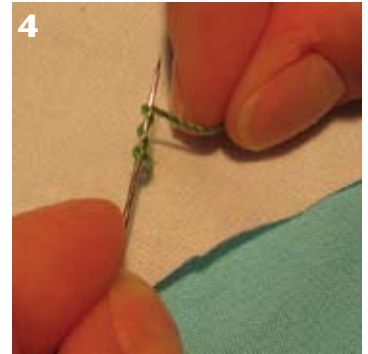
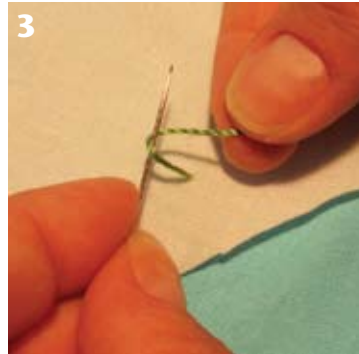
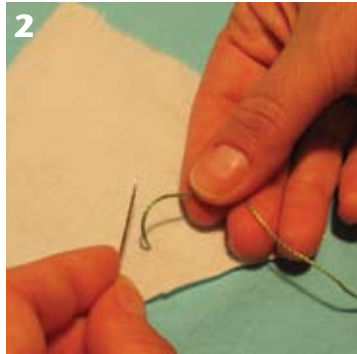




How to make a French knot for lefties

These directions were produced by **Susan Brubaker Knapp**. They are free, and may be copied and distributed. E-MAIL: susan@bluemoonriver.com

■ WEB SITE: www.bluemoonriver.com ■ BLOG: www.bluemoonriver.blogspot.com



- Thread the perle cotton or floss in your embroidery needle, and knot the end. Bring your needle up from the back of the fabric to the front, exactly where you want the knot to form (see **1**). Pull until the knot is snug against the back of the fabric.
- Put the fabric down on a flat surface, like your knee or a table.
- Take the thread coming out of the fabric in your right hand between your thumb and pointer finger. Have the needle in your left hand. (See **2**).
- Wrap thread over the needle and around it three times (see **3** and **4**). (To make a smaller knot, wrap only one or two times.) It should be wrapped tightly, and close to the tip of the needle.
- Slide the loops of thread close together, down toward the tip of the needle, holding them with the pointer finger on your left hand (see **5**). Push the tip of the needle back into the same place where the thread came out (or just a thread or two away).
- As it goes in, keep pinching it in place with the thumb and pointer finger of your right hand (see **6**). The loops must be kept tightly together, or you will not produce a neat, tight knot.
- Pull the thread completely through to the back of the fabric, and the knot will form on the front.
- Practice, practice, practice!

